

Important Announcement.

UK SMART Recovery is pleased to announce new appointments to the Board.

We welcome three new Trustees; Jeremy, Alan and Lesley who give their time and expertise on a voluntary basis.

Between them they elevate the Boards knowledge base and widen the network in which SMART operates.

They join Ian Preece (Treasurer) who also serves as Interim Chair and Shiv Sharma who is a key UK representative within SMART International and represents the facilitator role.





Introducing Jeremy Joseph UK SMART Trustee.

Having an experienced facilitator like Jeremy on the Board signals our commitment to striving for operational excellence for our volunteers.

<https://www.linkedin.com/in/jjoseph9021/>

Jeremy is very strongly a people person and fascinated by human behaviour.

He says that “Living for me is being curious, loving the joy of discovery and learning and growing.

In terms of purpose... It’s about making things better. Identifying the core issues and solving problems. Developing understanding through research and analysis underpins a lot of what I get involved with. I’ve been a SMART Recovery Facilitator since 2017 and am passionate about SMART because I know how it helps to make lives better for anyone who wants to make positive change. ”

His expertise focuses on Strategy & Transformation; Wellbeing; Empowerment; and Belonging. He is also starting an Advanced Diploma in Executive Coaching with the Academy of Executive Coaching.

He comes to the UK Board ready to combine his personal experiences and work around diversity, mental wellbeing and addictive behaviours, with his strategic and analytics expertise, to help the organisation develop. Linking with and representing SMART Facilitators is a key part of Jeremy’s role.

Introducing Alan Maclean QC UK SMART Trustee

Alan Maclean QC has been in practice at the Bar for 27 years. He is a member of Blackstone Chambers.

Alan was educated at a state school in the West of Scotland and then at University College, Oxford, where he obtained a double First in PPE and at Harvard University, where he was a Kennedy Memorial Scholar.

Alan was called to the Bar, First in his year, in 1993 and took Silk, at his first attempt, in 2009.

Alan has a varied and busy practice, ranging across many aspects of commercial litigation and arbitration (in such fields as civil fraud, energy, sanctions, telecommunications and sports law) as well as public, regulatory and competition law.

In addition to his work in England and Wales, Alan has appeared as leading Counsel in Gibraltar, the BVI and before both the Cayman Island and Eastern Caribbean Courts of Appeal.

Alan was a member of the Attorney General's Panel of Counsel until his appointment as Queen's Counsel (1999 - 2009) and has acted for and against a vast array of different government departments and public authorities, including the Charity Commission.



Needless to say, having someone like Alan, with his credentials on the Board is an absolute privilege. He couples refined intellect with a down to earth approach and is a fantastic addition to our Board!

<https://www.linkedin.com/in/alan-maclean-qc-79609013/>



Introducing Lesley McGeoch UK SMART Trustee.

Having someone who is passionate about what we do from the corporate world of workforce development means we can take real steps to de-stigmatise addiction.

After graduating with an honours degree in Business Studies, Lesley has acquired over 25 yrs. of HR experience in the corporate financial services industry and now specialises in employment law and employee relations.

In her time as a global leader, a member of her team had addiction issues and she found that there was very little support in the workplace to help guide her. She has found it is much more widespread than people think – and she strongly believes more needs to be done to get rid of the stigma about it. As a result, Lesley is passionate about raising awareness of addiction in the workplace, helping employees and employers to be more confident in opening up about it and she is keen to equip people with knowledge of how to support the whole workforce more effectively.

Becoming a Trustee of UK SMART Recovery not only allows Lesley to promote the awareness of what we do but gives her an amazing opportunity to give back by providing support, counsel, advice and guidance to help SMART continue to grow and thrive.

Introducing Ian Preece

UK SMART Trustee.

This is **Ian** and he is our Treasurer & currently serving as Interim Chair.

Ian volunteers a huge amount of his time and expertise on the UK SMART Board.

He is a member of The SMART Recovery International Brand and Communications Committee and plays a pivotal role in the development of the first global SMART Fundraising Campaign which is due to launch in April this year.

Ian has over 40 years experience in business spanning the retail, international trade, manufacturing and not for profit sectors.

This includes experience of leading the implementation of organisational change to improve business performance. He is experienced in operational excellence.

He first encountered SMART Recovery meetings in Fife, Scotland where he now lives.

<https://www.linkedin.com/in/aktiv8/>



We are lucky to have someone with us who has built and sustained meaningful business relationships that have stood the test of time. It is testament to the way he couples top quality business acumen with kindness and compassion.



Introducing Shiv Sharma UK SMART Trustee.

Shiv provides a wealth of experience in the SMART Programme and provides SMART International with valuable insights from the UK's front line.

Shiv is a Peer Trustee who has been on the Board of Trustees for UK Smart Recovery since 2016 .

He first encountered SMART Recovery meetings in his hometown of Hounslow.

He went on to become a Peer Meeting Facilitator and a volunteer in his local drug and alcohol service, which led to his employment as an Engagement and Recovery Worker.

In his spare time Shiv helps out at the Outside Edge Theatre Company, which works with and for people with substance misuse issues.

Shiv represents the UK on the SMART Recovery International Board and plays a pivotal role in the development of the Global Strategy to develop the programme and its reach.

He helped set up SMART in India where a group of psychologist are trained to deliver the programme.